

January *You shall keep my sabbaths and reverence my sanctuary: I am the LORD. -Leviticus 26:2*

Everyone is welcomed to join the Parish Religious Ed Families in their Faith Formation Year.

#BringChrist
2URhalePlan
#beKukui
#shinebright

					<p>1 As the new year begins, reminisce with your family about the past year and talk about plans and goals for this year.</p>	<p>2 Make a beautiful, decorative sign or piece of art with the Name of Jesus on it to honor the MOST Holy Name of Jesus</p>
<p>3 <u>Go stargazing</u> to celebrate Epiphany. Have the children to find the brightest stars in the sky. Discuss how the wise men might have felt while they were traveling to meet the new King, Jesus.</p>	<p>4 (Still Christmas Season) Put on Christmas Music & dance with someone</p>	<p>5 Many January saints taught others, such as St. John Bosco, St. Elizabeth Ann Seton, St. Angela Merici, and St. Thomas Aquinas. In their honor, learn a Bible verse.</p>	<p>6 Say 3 Hail Mary Prayers for all pregnant women</p>	<p>7 Smile all day long (especially when it is most difficult to)</p>	<p>8 Select a date to go to Reconciliation as a family. (Call the parish office for an appointment or join the regularly schedule time spot-10a on SAT)</p>	<p>9 Open your family bible and read Gospel of John 3:22-30</p>
<p>10 To celebrate the Baptism of Our Lord (Sunday after Epiphany), share pictures and keepsakes of your children's baptisms with them. Tell them about the events and emotions of that day.</p>	<p>11 Donate this week's spare change to a charity of your choice.</p>	<p>12 Pray the Act of Contrition</p>	<p>13 Create a Litany of Saints for your Family by selecting or identifying a saint for each member of the family. Then, list each saint on a poster paper, with this phrase "Saint _____, pray for us."</p>	<p>14 Say the St. Michael Prayer for all unborn babies in the world.</p>	<p>15 (Continue to celebrate the Baptism of the Lord) Using Holy Water, have the head of the household bless each member of the family by pouring water over each person's head & saying, "I bless you in the name of the Father, the Son & the Holy Spirit, Amen."</p>	<p>16 Say the rosary with someone</p>
<p>17 Replace Screen time with a Family themed DIY. *Share your end results by emailing aunty Chrislyn.</p>	<p>18 <i>Pray to St. Jude for someone who is ill or struggling to be healthy</i></p>	<p>19 Pray the Angelus</p>	<p>20 Take a walk outside for 10 minutes and observe what God created. Name one new thing you observed in God's creation</p>	<p>21 Say a prayer for peace in our community and the world.</p>	<p>22 <i>Be kind to your parents by NOT answering back or giving attitude for 48 hours</i></p>	<p>23 Learn & Pray the Memorare</p>
<p>24 Create a Saint puppet using a brown paper bag or an old sock</p>	<p>25 Read & Reflect with someone on the Gospel of Mark 16:15-18</p>	<p>26 At the 3'o Clock hour, say "Jesus, I Trust in You", 10x</p>	<p>27 Say the Lord's Prayer</p>	<p>28 Be Kind to someone today by doing an extra chore in the household that you would not normally do.</p>	<p>29 Tidy up your bedroom (or a room in the house) without being told</p>	<p>30 Set the family table for a special meal; include an extra place setting for your favorite saint & celebrate their feast day at that meal.</p>
<p>31 Share with someone in your family about your patron saint or your name saint or your Confirmation saint. What are some things you enjoy about your saint?</p>	<p>Whole Parish Family Faith Formation Steps: Step 1 Use your monthly calendar and pray the scripture for the month. Step 2 Visit the parish youtube channel and watch the video about the Theme of the Month & Spotlight activity Step 3 Keep a log or short journal/notes on each activity using the following questions: · Who participated in the activity? · Were you able to identify the presence of God there?</p>					